



2025-2026

FALL ATHLETICS REGISTRATION



First Day of Fall Sports Begins:

Football & Girls Tennis – August 11, 2025

All Other Sports – August 18, 2025

Online Registration for Fall sports opens **June 9, 2025**

- website: <https://www.millburnathletics.com/>
- Go to **Athletic Forms** across the top bar and click on **Online Registration**.

Physical Forms must be submitted to the Athletic Office by **July 25, 2025 for Football and Girls Tennis and **August 1, 2025 for all other sports.****

- This guarantees the athlete will be cleared to play on the first day of tryouts.
- All physicals handed in after July 25th (football & Girls Tennis) and August 1st (all other sports) are not guaranteed to be cleared in time for tryouts.
- **You can drop off the forms anytime during the school day from 8:00am – 3:00pm and once summer begins starting July 7th you can drop off on Monday – Thursdays from 8:00am – 12:00pm.**

Tryouts – There is a 2-3 day tryout period beginning on the first day of practice. You can find all tryout times and locations on our website.

Pre-season meetings - are held prior to the season starting with the head coach discussing all important information. Make sure you are on the coaches contact list.

Team Requirements – all athletes must contact their coach for team related requirements before the season.

Impact Concussion Test

- **All sports – TBD.** This will be virtual and all athletes will receive an email with a link and time for their test.

Mandatory for sports: Football, Field Hockey, Boys & Girls Soccer, Girls Volleyball.

- Optional for sports: Boys & Girls Cross Country, Girls Tennis.
- If an athlete misses it, they are responsible to reach out to our athletic trainer to schedule a makeup.
- The concussion test is valid for 2 years. (example: If you took it as a freshman, you need to retake it as a junior).

Optional EKG test

- If you would like to take an optional EKG test, please schedule an appointment with the Morahan Center at RWJ Barnabas Health.

MANDATORY EMERGENCY CARD - is required for the athlete to play. It needs to be filled out and returned to the coach by the 2nd day of practice.

Any questions, please call us at 973-564-7130 Ext. 10010 or email charla.macaluso@millburn.org



Fall 2025 Sports Tryouts



These dates & times reflect the first day or so of tryouts.
Contact the coach for complete details of all days & times.

Boys & Girls Cross Country

August 18th Outside Track 8:00am – 10:00am

Field Hockey

August 18th – 22nd Miller Field 7:30am – 10:00am All levels

Football

August 11th Neigel Stadium 8:00am – 10:00am Varsity & JV

August 14th Grass Field 8:00am – 10:00am Freshman

Boys Soccer

August 18th Neigel Field 7:30am – 10:00am All levels

August 19th Neigel Field 10:00am – 12:30pm All levels

August 20th Miller Field 10:00am – 12:30pm All levels

August 21st Neigel Field 7:30am – 10:00am All levels

August 22nd Miller Field 10:00am – 12:30pm All levels

Girls Soccer

August 18th Miller Field 10:00am – 12:00pm All levels

August 19th Neigel Field 7:30am – 10:00am All levels

August 20th Neigel Field 7:30am – 10:00am All levels

August 21st Miller Field 10:00am – 12:00pm All levels

August 22nd Neigel Field 7:30am – 10:00am All levels

Girls Tennis

August 11th MHS Tennis Courts 8:30am Incoming Freshmen/New Players & Captains (poor weather meet in gym)

August 12th MHS Tennis Courts 8:30am Incoming Freshmen/New Players & Captains

August 12th MHS Tennis Courts 10:15am Varsity, Upperclassmen, & Invited

Aug 13th – 15th MHS Tennis Courts 8:30am - 12:00pm & 1:00pm - 3:00pm Varsity
1:00pm – 3:00pm JV

Aug 18th – 22nd MHS Tennis Courts 8:30am - 12:00pm & 1:00pm - 3:00pm Varsity
1:00pm – 3:00pm JV

Girls Volleyball

August 18th-20th MHS Main Gym 8:00am – 10:00am Group 1
10:30am – 12:30pm Group 2

Coach Rentiers will post Groups on Google Classroom. Final Rosters will be picked on August 20th.

Contact the head coach for any questions or more information regarding tryouts.